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## REGINA INTER-ZONE WINTER INDOOR SOCCER TOURNAMENT

JANUARY 3-5 and Jan 11-12, 2020

WELCOME TO THE 14TH ANNUAL TOURNAMENT

U04 & U06

### INSTRUCTIONS TO COACHES AND PLAYERS

- 1 CHECK THE TOURNAMENT SCHEDULE FOR YOUR AGE GROUP AND FIND OUT WHEN AND WHERE YOU PLAY. NOTE WE ARE PLAYING OVER TWO WEEKENDS.
- 2 FOR U4 AND U6 AGE GROUPS YOU WILL PLAY IN A JAMBOREE FORMAT - THREE GAMES AND YOU ARE DONE. NO PLAYOFFS. REFEREES ARE PROVIDED FOR U6 GAMES.
- 3 U04 AND U06 TEAMS WILL PLAY WITH 5 PLAYERS ON THE FLOOR (FOUR OUT PLUS THE KEEPER). GAME TIMINGS FOR U04 AND U06 WILL BE A 5 MINUTE WARMUP AND TWO TWENTY MINUTE HALVES WITH A 5 MINUTE BREAK.
- 4 TOURNAMENT RULES ARE IN ACCORDANCE WITH REGINA WEST ZONE INDOOR SOCCER ASSOCIATION COMMUNITY INDOOR SOCCER RULES OF OCTOBER, 2019. REFER TO RULES POSTED ON [WWW.REGINAINDOORSOCCER.CA](http://WWW.REGINAINDOORSOCCER.CA)
- 5 ALL TOURNAMENT PARTICIPANTS ARE EXPECTED TO FOLLOW THE CODE OF CONDUCT. EQUAL PARTICIPATION OF ALL PLAYERS, GOOD SPORTSMANSHIP AND FAIR PLAY ARE MANDATORY.

## REGINA INTER-ZONE INDOOR SOCCER CODE OF CONDUCT

All players, coaches, league officials, referees, parents and spectators must comply with the following code of conduct. Remember the goal of community soccer is to have fun, learn some soccer and team skills, and enjoy the soccer experience. All the coaches and league officials are volunteers.

We want the children and youth who take part in our league to play soccer in a positive atmosphere free from foul and abusive language, undue pressure, embarrassment, harassment, prejudice and violence.

Please help us to achieve this aim by abiding by this simple code:

- Play fairly! Do not violate the rules to gain an unfair advantage.
- Foul or abusive language from players, coaches, parents or spectators will not be tolerated.
- Violent or over-aggressive play will not be tolerated.
- Never dispute a referee's decision - they are seeing the action from a different angle than you are and they can make mistakes, just like anyone.
- The health and safety of players is paramount. Do not encourage players to continue playing if they are obviously injured or unwell. Do not encourage players to cause injury to other players.
- Coaches are strongly advised to give all of their players an equal amount of playing time. It's no fun being on the sideline.
- Coaches, parents and spectators are expected to let all players play without being screamed and shouted at from the sidelines.
- Encourage and applaud all players, not just those on your team.
- Demonstrate respect for team-mates, coaches, referees and league officials.
- Respect the facilities in which you play.
- Maintain self-control at all times – it is only a game!
- Always attempt to contribute to the betterment of the soccer experience.
- Respect your opponents at all times. Players and teams should always be humble in victory and gracious in defeat. Do not run up the score against a weaker opponent.

U04 Age Group								
Coach Contact Information								
Zone	Team Name	Team Colours	Roster Size	Coach Name		Phone	Email	
West Zone	Dolphins	Sky Blue	11	Josh	Thomas	306.570.8441	<a href="mailto:joshthomas@hotmail.com">joshthomas@hotmail.com</a>	
				Steve	Stinson	306.551.1181	<a href="mailto:steves@kova.ca">steves@kova.ca</a>	
				Nakita	Rex	639.590.5970	<a href="mailto:nakitarex3@gmail.com">nakitarex3@gmail.com</a>	
	Panthers	Pink	11	Adam	Sehn	306.527.5910	<a href="mailto:adamsehn@hotmail.com">adamsehn@hotmail.com</a>	
				Mike	Sehn	306.540.9446	<a href="mailto:msehn25@gmail.com">msehn25@gmail.com</a>	
				Bobbi	Kish	306.550.2868	<a href="mailto:bobbikish@hotmail.com">bobbikish@hotmail.com</a>	
	Tigers	Orange	10	Nolan	Coller	306.529.4357	<a href="mailto:joz79@hotmail.com">joz79@hotmail.com</a>	
				Alyssa	Pelletier	306.535.8256	<a href="mailto:alyssawesterman@hotmail.com">alyssawesterman@hotmail.com</a>	
				Candace	Schwindt	306.371.5899	<a href="mailto:crschwindt@gmail.com">crschwindt@gmail.com</a>	
				Chad	Salisbury	306.536.4928	<a href="mailto:mandy.chad@sasktel.net">mandy.chad@sasktel.net</a>	
East Zone	Antelope-Badgers	Maroon-White	14	Sam	Stevenson	3065277378	3065317635 <a href="mailto:see@sasktel.net">see@sasktel.net</a>	
				Dave	Stevenson	3065277378	3065317635 <a href="mailto:dave@flamefabricators.com">dave@flamefabricators.com</a>	
				Jennifer	Sveinbjornson	3064502035	<a href="mailto:jennifersveinbjornson@gmail.com">jennifersveinbjornson@gmail.com</a>	
	Chipmunks-Dinos	Red-Sky	14	Mike	Grohs	3065377994	<a href="mailto:mgrohs11@hotmail.com">mgrohs11@hotmail.com</a>	
				Kristina	Nelson	3062015268	<a href="mailto:kristina_nelson78@yahoo.com">kristina_nelson78@yahoo.com</a>	
				Josh	Ono	3062015268	<a href="mailto:kristina_nelson78@yahoo.com">kristina_nelson78@yahoo.com</a>	
				Katie	Rhead	3065518524	3065704699 <a href="mailto:katiemonson@live.com">katiemonson@live.com</a>	
				70	Alie	Ewart	3065414485	<a href="mailto:alieewart50@gmail.com">alieewart50@gmail.com</a>

## U04 Age Group

Teams play three games, two on the first weekend and one on the second weekend.

These games are on Saturday, January 4, 2020

Time	Venue	Teams
11:00 AM	Core Ritchie	EZ ANTELOPE-BADGERS vs. WZ PANTHERS
12:00 PM	Core Ritchie	EZ CHIPMUNK-DINOS vs. WZ WOLVERINES
1:00 PM	Core Ritchie	WZ DOLPHINS vs. WZ TIGERS

These games are on Saturday, January 11, 2020

Time	Venue	Teams
10:00 AM	MacNeil	EZ CHIPMUNK-DINOS vs. WZ DOLPHINS
11:00 AM	MacNeil	WZ PANTHERS vs. WZ WOLVERINES
12:00 PM	MacNeil	EZ ANTELOPE-BADGERS vs. WZ TIGERS

These games are on Sunday, January 5, 2020

Time	Venue	Teams
11:00 AM	Core Ritchie	WZ PANTHERS vs. WZ DOLPHINS
12:00 PM	Core Ritchie	EZ ANTELOPE-BADGERS vs. WZ WOLVERINES
1:00 PM	Core Ritchie	EZ CHIPMUNK-DINOS vs. WZ TIGERS

Venue: **MacNeil School**

(6215 Whelan Drive)

(Use south entrance off the playground to access gym)

Venue: **CORE RITCHIE NEIGHBORHOOD CENTRE GYM**

(445 14th Ave & Elliot St)

(West of Al Ritchie Rink near Library - Use South Entrance)

## U06 Age Group

### Coach Contact Information

Zone	Team Name	Team Colours	Roster Size	Coach Name	Phone	Email
West Zone	Bumble Bees	Amber	11	Norm Ducharme	306.533.1700	<a href="mailto:nducharme@sasktel.net">nducharme@sasktel.net</a>
				Tony Balez	306.731.7449	<a href="mailto:lvinerd@gmail.com">lvinerd@gmail.com</a>
	Butterflies	Ocean	11	Chad McCallum	306.520.3917	<a href="mailto:chad.a.mccallum@gmail.com">chad.a.mccallum@gmail.com</a>
				Tanis Melanson	780.887.0682	<a href="mailto:macewent9@gmail.com">macewent9@gmail.com</a>
	Crickets	Forest Green	12	Mike Herperger	306.530.1694	<a href="mailto:mikeh@live.ca">mikeh@live.ca</a>
				Michael Parisian	306.535.9130	<a href="mailto:melanie.janelle@gmail.com">melanie.janelle@gmail.com</a>
	Dragonflies	Teal	11	Rebecca Visser	306.715.6089	<a href="mailto:blue_1919@hotmail.com">blue_1919@hotmail.com</a>
	Grasshoppers	Kelly Green	11	Michelle Bakke	306.551.1373	<a href="mailto:michelle@bakke.ca">michelle@bakke.ca</a>
				Corey Pielak	306.737.1021	<a href="mailto:corevpielak@hotmail.com">corevpielak@hotmail.com</a>
	Scorpions	Purple	11	Candace Schwindt	306.371.5899	<a href="mailto:crschwintd@gmail.com">crschwintd@gmail.com</a>
				Papi Tshiswaka	306.550.5944	<a href="mailto:tshiswakap@yahoo.ca">tshiswakap@yahoo.ca</a>
				Tiffany Hewson	306.535.2180	<a href="mailto:tiffanyhewson@outlook.com">tiffanyhewson@outlook.com</a>
			Mac King	306.527.2402	<a href="mailto:kingmacjames@hotmail.com">kingmacjames@hotmail.com</a>	
South Zone	England	Navy	9	Joel Ganong	3065413885	<a href="mailto:joel.ganong@sasktel.net">joel.ganong@sasktel.net</a>
	Italy	Sky Blue	9	Elishia Larwood	3065969276	<a href="mailto:elishialarwood@hotmail.com">elishialarwood@hotmail.com</a>
	Spain	Yellow	8	Jennifer Graham	3062095104	<a href="mailto:jennifermgraham@hotmail.com">jennifermgraham@hotmail.com</a>
	France	Orange	8	Adam Schmalenberg	3.0659E+10	<a href="mailto:uniquedoorservices@live.com">uniquedoorservices@live.com</a>
WCFC	Bear	White/Red & Black	12	Joseph Dyck	3065362012	<a href="mailto:joel.dyck@sasktel.net">joel.dyck@sasktel.net</a>
	Grizzlies	Lime green	12	Brandon Faul	3065316111	<a href="mailto:brandon.skppin@sasktel.net">brandon.skppin@sasktel.net</a>
Pilot Butte	PB Dusters	Blue	13	Vanessa Keilback	3067814071	<a href="mailto:vanessakeilback@gmail.com">vanessakeilback@gmail.com</a>
Balgonie	Flash	Purple & Black	11	Ryan Gallagher	3065359380	<a href="mailto:ryan.e.gallagher@gmail.com">ryan.e.gallagher@gmail.com</a>
				April Giles	3065013916	<a href="mailto:a.giles@yourlink.ca">a.giles@yourlink.ca</a>
EZ	Aardvarks	Maroon	13	Michael Carter	3064502878	<a href="mailto:K_ardell@hotmail.com">K_ardell@hotmail.com</a>
				Rigel Harper	3065847940	3065704280 <a href="mailto:its_me_rigel@hotmail.com">its_me_rigel@hotmail.com</a>
				Cory Palmer	3065698960	3067666922 <a href="mailto:cory.palmer@sasktel.net">cory.palmer@sasktel.net</a>
	Bobcats	White	13	Chris Fitz-Gerald	3067376113	3065412390 <a href="mailto:christopherfitzy@gmail.com">christopherfitzy@gmail.com</a>
				Kathy Lamont	3065276511	3065276511 <a href="mailto:knecht.kathy@gmail.com">knecht.kathy@gmail.com</a>
	Cheetahs	Red	13	Brent Glen	3065337307	3065337307 <a href="mailto:brentglen47@hotmail.com">brentglen47@hotmail.com</a>
				Mike Muir	3065333517	3065333517 <a href="mailto:mike.muir@sasktel.net">mike.muir@sasktel.net</a>
	Dingos	Navy	12	Seon Candace_Denise	3065262003	3063512006 <a href="mailto:Candace_Denise@hotmail.com">Candace_Denise@hotmail.com</a>
	Elands	Sky	13	Parampal Singh	3065818731	<a href="mailto:paul.masoun@gmail.com">paul.masoun@gmail.com</a>
				Christopher Kasel	3062905720	<a href="mailto:ckasel10@gmail.com">ckasel10@gmail.com</a>
				Landon Perra	3065398164	3067610059 <a href="mailto:landon@artisticmasonry.ca">landon@artisticmasonry.ca</a>
				Jocelyn Perra	3065398164	3067610059 <a href="mailto:jocelynceron@hotmail.com">jocelynceron@hotmail.com</a>
	Flamingos	Gold	13	Olugbenga Ajayi	3065817841	3062165610 <a href="mailto:oluchigbenga@yahoo.com">oluchigbenga@yahoo.com</a>
				Donovan Owen	3065917404	<a href="mailto:dono.owen@gmail.com">dono.owen@gmail.com</a>
	Giraffes	Forest Green	13	Alaba Isaac	3062019709	6395712765 <a href="mailto:alabamaex@yahoo.com">alabamaex@yahoo.com</a>
Hamsters	Teal	13	Ian Ali	3065306735	3065302258 <a href="mailto:ian_ali@hotmail.ca">ian_ali@hotmail.ca</a>	
			Jordan Grohs	3065153840	<a href="mailto:Gord.j.grohs@gmail.com">Gord.j.grohs@gmail.com</a>	
			Krishna Namala	3065911547	<a href="mailto:rsnamala@hotmail.com">rsnamala@hotmail.com</a>	

## U06 Age Group

### WEEKEND ONE SCHEDULE

**Teams play three games.** Half of the teams play two games on the first weekend and one on the second weekend.

The other half of the teams play one game on the first weekend and two games on the second weekend.

These games are on Friday, January 3, 2020

Time	Venue	Teams
6:00	Core Ritchie	WZ Bumble Bees vs. EZ Aardvarks
7:00	Core Ritchie	WZ Butterflies vs. EZ Bobcats

These games are on Sunday, January 5, 2020

Time	Venue	Teams
9:00	Core Ritchie	SZ France vs. EZ Giraffes
10:00	Core Ritchie	WZ Bumble Bees vs. WCFC Bear
2:00	Core Ritchie	WCFC Grizzlies vs. WZ Butterflies
3:00	Core Ritchie	WZ Crickets vs. EZ Flamingos
4:00	Core Ritchie	SZ Italy vs. EZ Bobcats
5:00	Core Ritchie	Pilot Butte Dusters vs. EZ Aardvarks

These games are on Saturday, January 4, 2020

Time	Venue	Teams
9:00	Core Ritchie	WZ Crickets vs. EZ Cheetahs
10:00	Core Ritchie	WZ Dragonflies vs. EZ Dingos
2:00	Core Ritchie	WZ Grasshoppers vs. WCFC Bear
3:00	Core Ritchie	WZ Scorpions vs. WCFC Grizzlies
4:00	Core Ritchie	SZ England vs. Pilot Butte Dusters
5:00	Core Ritchie	Balgonie Flash vs. EZ Hamsters
6:00	Core Ritchie	SZ Italy vs. EZ Flamingos
7:00	Core Ritchie	SZ Spain vs. EZ Elands

**Venue: CORE RITCHIE NEIGHBORHOOD CENTRE GYM**

(445 14th Ave & Elliot St)

(West of Al Ritchie Rink near Library - Use South Entrance)

## U06 Age Group

### WEEKEND TWO SCHEDULE

**Teams play three games.** Half of the teams play two games on the first weekend and one on the second weekend.

The other half of the teams play one game on the first weekend and two games on the second weekend.

These games are on Saturday, January 11, 2020

Time	Venue	Teams
9:00	WF Ready	WZ Grasshoppers vs. EZ Hamsters
10:00	WF Ready	WZ Scorpions vs. EZ Giraffes
11:00	WF Ready	SZ England vs. EZ Elands
12:00	WF Ready	SZ Spain vs. EZ Cheetahs
1:00	WF Ready	SZ France vs. EZ Dingos
2:00	WF Ready	WZ Bumble Bees vs. Pilot Butte Dusters
3:00	WF Ready	Balgonie Flash vs. WZ Butterflies
4:00	WF Ready	WZ Dragonflies vs. EZ Aardvarks
5:00	WF Ready	WZ Crickets vs. SZ Italy

Venue: **WF READY SCHOOL**

(2710 Helmsing Street)

These games are on Sunday, January 12, 2020

Time	Venue	Teams
10:00	<b>George Lee</b>	SZ Spain vs. EZ Flamingos
11:00	<b>George Lee</b>	WCFC Bear vs. EZ Elands
12:00	<b>George Lee</b>	WZ Grasshoppers vs. EZ Bobcats
1:00	<b>George Lee</b>	EZ Dingos vs. SZ England
2:00	<b>George Lee</b>	WZ Scorpions vs. EZ Cheetahs
3:00	<b>George Lee</b>	SZ France vs. EZ Hamsters
4:00	<b>George Lee</b>	WCFC Grizzlies vs. EZ Giraffes
5:00	<b>George Lee</b>	WZ Dragonflies vs. Balgonie Flash

Venue: **GEORGE LEE SCHOOL GYM**

(180 Wells Street)

(Use North Side Entrance)