**Whitmore Park Community Association 2016**

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This year our President had to step down for personal reasons, but Whitmore Park Community Association has gained two new members of our executive. Terry Shalley is back as a director, and Mario Brandon Thomas was also elected to a director position. We look forward to working with our new directors and both have some great initiatives they will be working on this year.

**Programs Offered:**

As with most organizations we struggle with what programs to offer. We try to find programs that appeal to a wide array of people from preschoolers to seniors. This year we had to cancel our skating programs due to lake of enrollment. Here are some of the other programs offered this year:

**Youth:**

Creative Movement -‐PRESCHOOL 3--‐4 year olds

Creative Dance – PRESCHOOL & CHILDREN Pre Ballet – 5--‐6 year olds

Dance Ballet/Jazz – 7--‐8 year olds

Improv Basics – 12--‐14 year olds

Improv – 15--‐18 year olds

Red Cross Babysitting –

TEENS Outdoor Soccer – preschool s to 18 year olds

Yoga Fit for Teens

**Adults:**

Fitness:

Body Sculpt

Fitness:

Fusion

Fitness:

Intro to Pilates

Fitness:

Pilates Multilevel

Fitness:

Beginner Yoga Low Impact Aerobics

Gentle Yoga – 18+

**Seniors (50+):**

Forever . . . in motion

Fall Prevention

**Some Other Fun Things Offered This Year:**

**Some Important Accomplishments:**

Youth Leadership Awards – WPCA has offered these awards for 11 years giving our local youth over $10,000 in those years. The committee selects up to 1 worthy Grade 12 individual from Campbell Collegiate to receive a $500 award. Unfortunately no one from or Lebouldus High School applied this year.

WPCA donated $100 to each of the following 5 organizations: Regina Food Bank, Regina Humane Society, Soul`s Harbour, Salvation Army, and the Open Door Society.

**Activities/Services that aren’t new but deserve mentioning:** Community Sign – a very active billboard updated frequently by our organization. Neighbourhood Watch – a very successful and worthwhile group of EYES watching our Community. Whitmore Whistler – an informative publication published approximately 4 times a year with very interesting articles. Past issues available on our website ([www.whitmorepark.ca](http://www.whitmorepark.ca)). Please feel free to check them out.